New Settlement's **Program for Girls & Young Women** Offers FREE <u>arts & leadership development</u> programs.



Fall & Spring After-school Programs include:

Project VIP (grades 6-12) Playwriting & performance, *G.O.A.L. (grades 9-12) Health, Relationship Skills, and Self-defense training + college prep.; *Sadie Nash Leadership Project (grades 9-12) Community building & youth activism; EDsnaps (grades 6-12) STEM-focused hands-on activities connecting science, math & art Silence Out Loud (ages 12-YA) performance poetry & photography workshop ; Girls Encourage (ages 11-18) Adventure learning Next Level Dance, (ages 10-YA) Lyrical Hip Hop with a message ...

PLUS Spring Break Arts Intensive and more!!

*Participants in these programs earn a stipend



Fall Enrollment is Open!!

Classes begin September 23rd. Spaces still available—don't delay, sign up today!

Call or email today to find out more about these **FREE** programs

Contact Joy 718.716.8000 x119 Tasheema x233 Email: j.leonard@newsettlement.org

> www.newsettlement.org/girls www.facebook.com/NSAGirlsProgram

La información del programa y el paquete de inscripción también están disponibles en español en www.newsettlement.org/girls/forms-and-downloads









New Settlement Program for Girls & Young Women Fall 2019 PROGRAM DESCRIPTIONS

Unless otherwise noted, programs meet at <u>1525 Townsend Ave.</u> in one of our two basement program spaces and begin the week of September 23rd, 2019.

Project VIP (Voice, Identity, Power), grades 6th-12th (Mondays & Wednesdays, 5-6:15pm)

Dramatic writing and performance project. Participants read and discuss poetry, literature and current events; write collaboratively and perform their own scenes, poems, and sometimes short films. *Fall, spring & summer semesters*.

G.O.A.L. (Girls Organize to Achieve Leadership), ages 14+; must be enrolled in HS.

Do right for yourself AND **earn a monthly stipend** with perfect or near-perfect attendance in the following program components (must participate in both to earn stipend):

Taking Care of Business^M, (Mondays, 6:30-8pm) meets at 1514 Townsend Ave, Community Room 1

Take control of your relationships & future! This reproductive health program helps you set goals & protect yourself against STIs & unwanted pregnancies. Developed by Girls Inc. *Sept-Dec only; in spring 2020 this class is replaced with* Living Safe and Strong, *which provides self-defense training and conflict resolution skills.*

College Explorers, (2 Tuesdays per month, 6:30-8pm)

Considering your options? Learn more about how to prepare for college, apply and get financial aid. *October* 2019-May 2020. Juniors also have opportunity to visit schools and prep for SATs in more intensive spring semester with the College Access Center January-May 2020.

Sadie Nash Leadership Project: Sisterhood Academy, grades 9th-12th (Tuesdays, 5-6:30pm)

Come participate in activity based workshops around identity, leadership, media, healthy relationships, wellness, youth activism and social justice. Using your own life experiences as a starting point, discuss important issues while building a community of support. Come join the sisterhood! **Stipend** (based on attendance) paid at the end of each semester. *September 2019-May 2020.*

EDsnaps, grades 6-12 (2 Wednesdays per month, 6-7:30pm + trips)

STEM-oriented curriculum with hands-on activities that let girls personally experience "snapshots" of life-changing career possibilities in STEM fields.—including fashion, videography, photography, finance, chemistry, architecture and more. Less talk, more do! *September 2019– May 2020*.

<u>Girls EnCourage®</u>, ages 12-18 (2 Thursdays per month, 5-6pm + trips)

Do you want to get out of the neighborhood? Explore new places? Try new physical activities and lifetime sports? Be a team player AND a leader? Adventure learning expeditions approximately once a month, typically Sundays. *October 2019-June 2020.*

<u>Silence Out Loud</u> ages 12-YA ****Starts November 14**** (Thursdays, 6-7:30pm) Led by performance Poet Roya Marsh & Photographer Maria Estevez, these workshops are a truth telling experience through the media of spoken word and photography, encompassing life, love, self, justice, and the power of happiness and selfactualization. *November 2019-January 2020. Spring workshop series planned also, dates TBD.*

Next Level Dancers meets at 1514 Townsend Ave, Community Room 1

Junior Company, ages 10-14 (Thursdays, 6-8:30pm) Starts September 19th.

Senior Company ages 14+ (Saturdays, 12-4pm) Starts September 21st.

Come join the Next Level Dancers and learn, create and perform some fierce choreography! Primary dance styles include Hip-Hop and Contemporary. *September 2019– June 2020.*

For more information, contact Director Joy Leonard at (718) 716-8000 x119 or j.leonard@newsettlement.org Visit us online at www.newsettlement.org/girls and www.facebook.com/NSAGirlsProgram

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