New Settlement's

Program for Girls & Young Women

Offers FREE arts & leadership development programs.



Spring After-school & Saturday Programs include:

*G.O.A.L. (grades 9-12) Health, financial literacy + college prep.;

*Sadie Nash Leadership Project (grades 9-12) Community building & youth activism;

EDsnaps (grades 6-12) STEM-focused hands-on activities exploring various careers

Silence Out Loud (ages 14-YA) performance poetry workshop;

Next Level Dance, (ages 10-YA) Lyrical Hip Hop with a message ...

PLUS Spring Break Arts Intensive, adventure learning trips and more!!

*Participants in these programs earn a stipend

Para obtener información en español, visítenos en www.newsettlement.org/girls



Spring Classes Start January 28th

ORIENTATION Wednesday, January 23rd 6:15-7:30pm

1514 Townsend Avenue, Bronx, NY 10452 (Between 172nd & Mt. Eden Ave.)

Contact Joy **718.716.8000 x119** Email: j.leonard@newsettlement.org

www.newsettlement.org/girls www.facebook.com/NSAGirlsProgram





New Settlement Program for Girls & Young Women

Spring 2019 PROGRAM DESCRIPTIONS

Unless otherwise noted, programs meet at <u>1525 Townsend Ave.</u> in one of our two basement program spaces and begin the week of January 28th, 2019

Project VIP (Voice, Identity, Power), grades 6th-12th (Mondays, 4:30-6pm)

Dramatic writing and performance project. Participants read and discuss poetry, literature and current events; write collaboratively and perform their own scenes, poems, and sometimes short films. *Fall, spring & summer semesters*.

G.O.A.L. (Girls Organize to Achieve Leadership), ages 14+; must be enrolled in HS or HSE program.

Do right for yourself AND earn a monthly stipend with perfect or near-perfect attendance in the following program components (must participate in both to earn stipend):

Futures & OptionsSM, (Mondays, 6:30-8pm)

Do you have a career planned? Do you have a resume? Are you prepared to interview for jobs? Learn to prepare for the lifestyle you want! *January-May, 2019*

College Explorers, (Tuesdays, 6:30-8pm)

Considering your options? Learn more about how to prepare for college, apply and get financial aid. Juniors also visit schools and prep for SATs in spring semester. <u>Meets at 1514 Townsend Ave, Community Rooms</u>. *October 2018-May 2019*

EDsnaps, grades 6-12 (Tuesdays 5:30-6:45pm; early birds welcome at 5)

STEM-oriented curriculum with hands-on activities that let girls personally experience "snapshots" of life-changing career possibilities in STEM fields.—including fashion, videography, photography, finance, chemistry, architecture and more. Less talk, more do! *September 2018– May 2019*.

Sadie Nash Leadership Project: Sisterhood Academy, grades 9th-12th (Wednesdays, 5-6:30pm)

Come participate in activity based workshops around identity, leadership, media, healthy relationships, wellness, youth activism and social justice. Using your own life experiences as a starting point, discuss important issues while building a community of support. Come join the sisterhood! **Stipend** (based on attendance) paid at the end of each semester. *September 2018 – May 2019*.

<u>Silence Out Loud</u> ages 14-YA **Start Date TBA** (Thursdays, 5:30-7pm) Led by performance poet Roya Marsh, these workshops are a truth telling experience through the art of spoken word, encompassing life, love, self, justice, and the power of happiness and self-actualization experienced through writing and performing. *May include photography component this spring, discussions in progress with En Foco.*

Next Level Dancers

Junior Company, ages 10-14 (Thursdays, 6-8:30pm) meets at 1514 Townsend Ave, Community Room 1 Senior Company ages 14+ (Saturdays, 12:30-4pm) meets at 1514 Townsend Ave, Community Room 1 Come join the Next Level Dancers and learn, create and perform some fierce choreography! Primary dance styles include Hip-Hop and Contemporary. September 2018– June 2019.

April 22-27, 2019 (Spring Recess for public schools) we will once again offer In My Words, an intensive arts workshop combining singing, visual art, theatrical performance and spoken word, open to 24 young women aged 13-18. For more information or to download the application, contact Joy Leonard or visit www.inmywordsbronx.org. In My Words 2019 application deadline March 22nd!

For more information, contact Director Joy Leonard at (718) 716-8000 x119 or j.leonard@newsettlement.org

Visit us at www.newsettlement.org/girls

Información del programa y formularios disponibles en inglés y español.