

new settlement

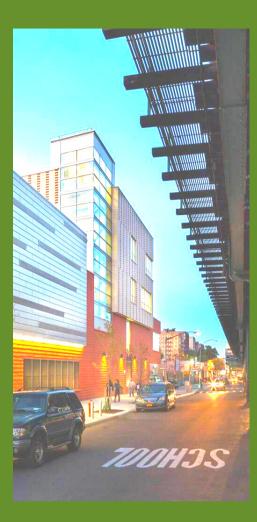
# building equitable futures



# program guide

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### **Our Story**

Rooted in the Bronx, New Settlement stands with community members to break systemic barriers, advance justice, promote leadership and strengthen neighborhoods. By ensuring agency around education, employment, housing, wellness and creative expression, we help cultivate an equitable society where individuals and families have the power to use their voice to create the change they wish to see.

Our organization began in 1989 when the Settlement Housing Fund transformed the Mount Eden area of the Bronx from an abandoned, dangerous neighborhood into a thriving, mixed-income, affordable community. Since its inception, New Settlement has been a responsive partner, bringing hope and livelihood to the area by connecting residents with one another and building a sense of community. Over the years we have evolved into a multigenerational, forward-looking organization that supports all members of the community by providing programs in education, college access, youth development, arts, workforce development, wellness and more.

# **Our Core Values**

#### **Building a Just and Equitable Future**

We seek to break systemic barriers and generational poverty to build an inclusive community for individuals of all backgrounds. Our work advances education, wealth and equity so members can realize their utmost potential and succeed.

# Cultivating Leadership & Opportunities

We ensure individuals and families have agency around education, employment, housing, wellness and creative expression, ultimately leading community members to recognize and achieve their full potential.

#### **Strengthening Communities**

Rooted in the Bronx, we bring tailored resources to the community, providing access to vital programs - such as health and wellness, education, community organizing and workforce development - that address community needs while building more equitable neighborhoods.

#### Supporting Community-Driven Change

We organize with community members and continuously shape our initiatives to address specific needs, enabling us to create a collective, meaningful impact and ignite change.



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After-School Bror







Community Action for Safe Apartments (CASA)



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Program for Girls & Young Women

Community Center



Young Adult Opportunity Initiative (YAOI)





# **After-School Programs**

### After-School & Summer Day Camp at The Walton Avenue School

New Settlement After-School Program at the PS 311/PS 294 Campus serves 240 students grades K-5 at 1425 Walton Avenue in the South Bronx. The program model has been built on the principles and best practices of positive youth development. Each program activity is based in a primary academic or leadership area – including arts, literacy, math, physical activity, health and more) but the core curricula that will be used to implement weekly sessions in each primary area are thoroughly interdisciplinary and interactive. Each curriculum has been developed specifically for the after-school environment, allowing for easy blending of learning formats, cross-disciplinary activities and extended learning opportunities. The schedule of activities is balanced to engage children in a fun yet challenging series of complimentary activities that are different than the school day, and are structured to support each child's increased success.



#### **Creative Leaders After-School Program (CLASP)**

At our Community School Campus, New Settlement operates a comprehensive afterschool and summer enrichment program for sixth, seventh and eighth graders. The Creative Leaders After-School Program (CLASP), provides enriching activities for 185 students through tutoring, homework assistance classes, sports, leadership development and workshops. Our programs are provided by our staff and local partners, including Abada Capoeria New York, Alvin Ailey American Dance Theater, DreamYard, Fashion Inspires, Girls Inc, Morningside Center for Teaching Social Responsibility, NY Road Runners, and The LAMP- Learning About Multimedia Projects.

### **AIM Program**

New Settlement's AIM Program (A.I.M. For Success: Artists. Makers. Innovators) is designed to provide concentrated enrichment, education and family mental and physical health programming to 80 high school students (grades 9-12) at CMSP 327. The program engages teens in community service projects, creative programming, tutoring and career and college guidance.

# Mount Eden Children's Academy

At Mount Eden Children's Academy (MECA) in the Community School Campus, New Settlement's elementary school after-school program, provides 227 children grades 1-5 with academic support, health and wellness and arts programming. MECA is an OCFS Advantage and 21st Century Community Learning Center program.

### Multicultural After-School Program (MASP) and Summer Day Camp Program

Founded in 1990, the New Settlement Multicultural after-school program and summer day camp is based at 1512 Townsend Avenue. The program provides 100 children from 12 elementary schools in the surrounding community the opportunity to learn about other cultures and communities while building academic and social skills and exploring the arts.





#### **Bronx Helpers**

Bronx Helpers is a year-round leadership and community service program created by New Settlement in 1995 in response to the dearth of opportunities for often-alienated youth to make a positive contribution to the quality of life in their neighborhood. Participants in Bronx Helpers (54 middle school youth, aged 11-13) develop and lead service and advocacy projects on issues of concern to them and participate in experiential workshops that explore the social, economic and political context of each project.

Bronx Helpers focus on building civic engagement and service by year-round projects. During the COVID-19 crisis they assisted with efforts addressing food insecurity in our neighborhood and with a non-partisan voter registration drive. Other recent Bronx Helpers projects have included a street safety awareness campaign and a project to improve and protect the tree beds in the surrounding community.





# College Access Center (CAC)

### **Overview**

The College Access Center at New Settlement is a free educational and career counseling program, familiarizing students and parents with the advantages of higher education and providing various educational opportunities in New York City. The Center provides information and support for public, parochial, alternative, academic-comprehensive and vocational high school students, GED candidates, young and mature adults, and individuals with disabilities.

Through comprehensive counseling and workshops, college advisors work closely with participants to plan for their college application process, develop a well-researched college list, and apply for financial aid. Additionally, the program provides services that help students adjust to life in a new community by strategizing on personal, social and academic challenges, assessing credits to track progress, connecting students with campus resources, and more. The College Access Center also facilitates trips for students to visit colleges and universities in the region to help them develop an understanding of college life and culture, as well as offering a six-week SAT prep course twice per year.

### **Our Impact**



88% of New Settlement students are the first in their family to attend college.



100% of New Settlement students who receive 1:1 college advising services are accepted to college.



Students who received 1:1 college advising in 2016 /17 received over \$3 million in financial aid.



over 3500 students have enrolled in college with the assistance of the College Access Center.



# **Student Success Center (SSC)**

#### **Overview**

The Student Success Center is a full-service college and career counseling model designed to ensure that all students at the Taft Educational Campus have the support they need to apply for college. Our partner schools – Bronx Collegiate Academy, Bronx High School of Business, Claremont International High School, and DreamYard Preparatory School – each have a full-time college and career advisor, two youth leaders, and a summer bridge coach.

New York City's Student Success Center was created in 2005 after an Urban Youth Collaborative survey found that while upwards of 90% of NYC high school students wanted to attend college, over 60% reported inadequate access to counseling and information. With funding from the Helmsley Foundation and technical assistance from College Access Research and Action, New Settlement opened a Student Success Center on the Taft Educational Campus in 2011.



# Community Action for Safe Apartments (CASA)

# **Overview**

Community Action for Safe Apartments (CASA) is a membership-driven tenant organizing project of New Settlement that works primarily in the Southwest Bronx. Our mission is to protect and maintain affordable and safe housing through collective action by:

- Running local campaigns to protect affordable housing and prevent displacement
- Organizing tenant associations
- Providing monthly tenants' rights workshops and legal clinics
- Holding regular community building and leadership development programs
- Being actively involved in city and state-wide policy campaigns



#### Individual Building Organizing

By forming and sustaining strong tenant associations, CASA:

- Organizes tenants to submit repair requests
- Fights against landlord harassment by educating tenants on their rights
- Builds a strong sense of community and accountability in the building
- Stops displacement

# Legislative Advocacy

We work with various state and city-wide associations such as Right To Counsel NYC Coalition to fight broader, policy objectives that preserve safe and affordable housing and ensure tighter protections for tenants.

### Leadership Development

CASA's ultimate goal is to build unified and inspired local community, full of knowledgeable and strong leaders. The CASA Leaders Team meets monthly to plan membership meetings and make strategic decisions about our work. Our new Leadership Development Institute trains members in political education and teaches concrete organizing skills to deepen members' theory and understanding. Our Leadership Development Institute is a five-week course that takes place twice a year.

### **Tenant Coalition Organizing**

There's power in numbers. CASA brings tenants from different buildings together who are experiencing common problems or facing the same abusive landlord. Our powerful tenant coalitions have fought large battles and won far-reaching victories, removing some of the worst landlords from The Bronx!

#### **Tenant Education**

We regularly conduct skill trainings as well as monthly workshops around basic tenants' rights and the importance of organizing tenant associations.

#### **Get Involved**





# **Community Health Initiative**

#### Overview

The Mount Eden neighborhood of the Bronx contains a mix of rich cultures. With roots in the Caribbean, Central America, Africa and other parts of the world, neighborhood residents carry these agricultural and culinary traditions and are resilient in the face of an inequitable food system.

Community Health Initiative's vision is an alternative food system, by and for communities, that nourishes people and supports community development, climate protection efforts and quality of life. The program takes a comprehensive and multidisciplinary approach to food justice in the Mount Eden neighborhood. Community Health Initiative embeds hands-on food education into local institutions, develops community leadership, and creates opportunities to grow, purchase, eat and compost good food.

### **Our Priorities**



FARMERS

MARKET



NUTRITION



HEALTHY COOKING



GARDENING



SUSTAINABLE FUTURE

### The 170 Farm Stand

170 Farm Stand is a vibrant, community-run market that is committed to providing offering Bronx residents with access to a selection of high-quality, seasonal and fresh food from local farmers at fair and reasonable prices.

### **Farmers Market for Kids**

Community Health Initiative regularly hosts workshops geared toward children ages 5 – 13 and their families that highlight live cooking and nutrition education. Through discussion and engaging hands-on activities, the sessions provide caregivers with tips to involve children in meal planning and preparation.

# Youth Leadership Development

Through a multi-year, paid youth leadership program, high school students have the opportunity to be involved in all aspects of the 170 Farm Stand. Youth have the option to stay in the program for multiple years, taking on new leadership roles each season.





# Parent Action Committee (PAC)



#### **Overview**

The Parent Action Committee (PAC) is a multicultural group of parents and community members dedicated to improving the quality of education for all children in New York City, with an emphasis on School District 9 and the Bronx. PAC also empowers and educates parents on their rights within the New York City public school system. PAC organizes parents and community members, conducts research and outreach, develops leaders, networks with allies, offers training opportunities and workshops for parents, and leads public actions to reach the group's goals.

PAC holds public school officials, elected officials, and government agencies accountable for the quality of education New York City children receive. PAC collaborates with citywide coalitions to make real, lasting change in the public school system.

# Equity, School Safety, and Healing-Centered Schools

Throughout New York City Public Schools and in their own communities, PAC members organize and advocate for Equity, Culturally-Responsive Education, Language Justice, Healing-Centered Schools, Bronx School Justice: Increasing Social Workers, Social Emotional Supports, and Restorative Justice. PAC is a member of Borough-wide, City-wide and Statewide coalitions including Dignity in Schools Coalition – New York; New York City Coalition for Educational Justice; Healing-Centered Schools Working Group; Bronx Parent Leaders Advocacy Group; and the New York State Alliance for Quality Education.

### **Healing-Centered Schools Campaign**

With Bronx Legal Services and other key partners, the Parent Action Committee has been engaged in New York City's Healing-Centered Schools Campaign which works to transform NYC schools and create supportive environments for students by helping schools engage in community-driven change to implement trauma-responsive practices and remove harmful school practices. In 2020, the Campaign released the Healing-Centered Schools Model making recommendations to create more safe, supportive, and culturally responsive schools. The DOE rolled out training for all staff on trauma-responsive education based on these recommendations. In 2021, the Healing-Centered Schools Working Group created a Taskforce with the NYC Public Advocate to provide guidance to the Department of Education in preparation for re-opening of NYC. We have partnered with the Office of Wellness and Family and Community Empowerment to support Healing-Centered Ambassadors in over 800 schools across New York City.

#### **Bronx School Justice**

PAC Leaders have help coordinate the Bronx School Justice Working Group Space to work collaboratively to ensure that Bronx School environments are more supportive and less harmful to Bronx Students, and to stop the School to Prison Pipeline. PAC along with partners, have participated in train School Safety Agents at the New York Police Academy on the collateral consequences of school-based arrests and summonses and the positive impact of restorative alternatives.We have also successfully advocated for the increased hiring of school social workers, counselors and restorative justice coordinators.

### **Culturally Responsive Education and Equity**

PAC has been a leading organization fighting for Language Access, Equity, and Culturally Responsive Education for Decades. After winning the 23 Million Dollar Implicit Bias Training for all school staff across New York City with our Citywide Coalition, the NYC Coalition for Educational Justice, a program that latter became the Equity Initiative, PAC leaders fought to include parents, students and community members as partners in any discussions about Equity. PAC co-created the first community led District Equity Team with District 9 and coordinates the Bronx Borough Equity and Access Team with the Bronx Executive Superintendent, all Bronx Superintendents, parent and student representations. In June 2021, after five years of campaigning, the Department of Education agreed to develop a Culturally Responsive School Curriculum for NYC Public Schools at a cost of 500 Million Dollars.

### **Parent Workshops and Training**

PAC parent leaders have been developing and organizing workshops for parents and community members about navigating the Department of Education, Restorative Justice, Organizing, and Conflict Resolution and Mediation. We envision a safe and supportive neighborhood in which community members have the skills to de-escalate and mediate conflict, creating community-driven alternatives to arrests in our schools and in our streets.







# Program for Girls & Young Women

### **Overview**

Since 2005, New Settlement's Program for Girls and Young Women has offered participants a range of activities designed to build artistic, healthy living and leadership skills in a safe and supportive girls-only setting. Through a combination of health and wellness, adventure learning, college readiness and social justice-themed artistic programming, we promote peer leadership, self-confidence, positive risk-taking, healthy decision making and community engagement.

We have developed a safe and supportive environment for girls in our community to come together, collaborate in creative programs, activate their voices, and develop skills to make positive, informed choices about health issues, relationships, education and employment opportunities.

Our free programs for adolescent girls are open to community members, and any selfidentified young women who wish to enroll may apply. Young women in high school can earn a stipend for certain programs, such as Girls Organized to Achieve Leadership (GOAL) and Sadie Nash Leadership Project.









**GOAL (grades 9-12) Health** Financial literacy & college prep

Sadie Nash Leadership Project (grades 9-12)

Community building & youth activism

Silence Out Loud (ages 14-YA) Performance poetry workshop



**Next Level Dance (ages 10-YA)** Lyrical hip-hop with a message





**vi Be** Theater Program

EdSnaps STEAM



Build Her a Bridge Mental Health Awareness



Girls EnCourage Adventure Learning







# Young Adult Opportunity Initiative (YAOI)

#### **Overview**

New Settlement's Young Adult Opportunity Initiative (YAOI) enables opportunity youth from our low-income Bronx community to achieve their employment and educational goals.

The YAOI program is unique in its community-centered, youth development focused program model that combines a positive youth development approach and a sector-specific career pathways approach. Our program model begins with the development of individual workplans and goal setting around education, employment, and supportive needs. New Settlement utilizes a career pathways approach to deliver programs that emphasize career progression, rather than simply job placement, and that are informed by employer demand for both hard skills and workplace competencies. The program features on-site High School Equivalency classes to help young people complete their high school degree. New Settlement also incorporates work-based learning opportunities, including internships and on-the-job training.

#### Job Readiness Training

Through our job readiness training, participants learn what is expected of employees such as the importance of being punctual, developing a positive work ethic, working under direct supervision, following directions, handling criticism, and working productively with coworkers. Our training also incorporates role-playing difficult and common workplace situations that prepare youth to respond appropriately.

Our participants learn non-technical workplace competencies, including problem-solving, oral communication skills, and interpersonal skills teamwork

Our job development staff and youth advisors counsel and assess each participant individually in order to help develop vocational/professional interests and provide realistic appraisals of employment opportunities and goals.

#### National Safety Council CPR & First Aid Certification Classes

Successful Completion results in 2-year certifications. This course will prepare members to recognize and care for a variety of first aid, breathing, and cardiac emergencies. Successful participants will receive a certificate valid for two years.

### **One-on-One Task-Oriented Advising**

A trained youth advisory meets with each participant regularly for task-oriented support. Our program model begins with the development of individual work plans and goal setting around education, employment and supportive needs.

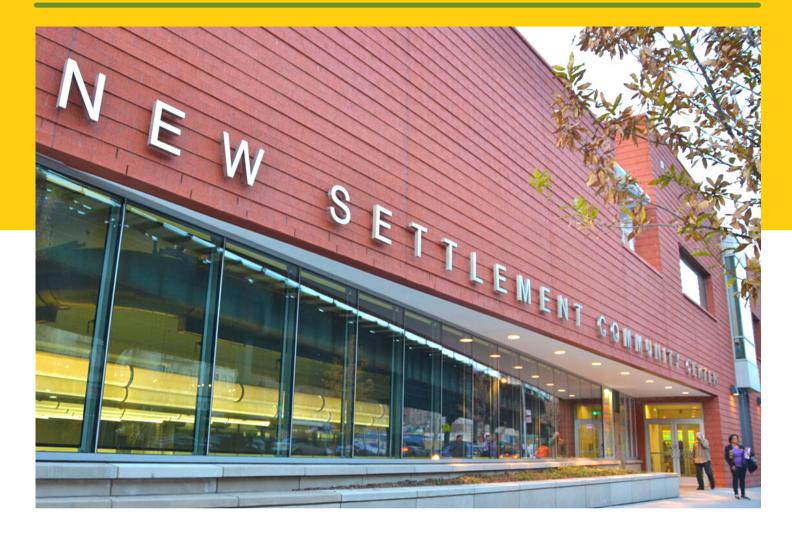
#### **Mutual Aid Peer Groups**

This group meets once a week and is designed to facilitate supportive "rap" sessions for participants, where members share challenges or concerns from the recent week and discuss issues in their lives.

# High School Equivalency

Our participants are encouraged to enroll in on-site High School Equivalency (HSE classes) offered by instructors from the NYCDOE Pathways to Graduation/ P2G program to complete their high school degrees.





# **New Settlement Community Center**

# **Overview**

Located in Mount Eden in the Southwest Bronx, the New Settlement Community Center offers a range of programs including dance, yoga, mixed martial arts, music, swimming and more to 12,000 members and others who take individual classes. The Community Center houses an indoor competition-size swimming pool, dance studio, green roof learning garden, cooking classroom and multipurpose spaces. All classes are either low cost or free and serve community members from six months old to seniors.

Our mission is to create a culture of community by providing a safe space for all ages and abilities to participate in social engagement, sports, exercise, and education. We are focused on improving the quality of life and promoting healthy lifestyles for our members.

#### Registration

#### All patrons must complete an online profile to participate

- Head to https://clients.mindbodyonline.com/launch
- Search "New Settlement Community Center." Choose "Not a staffer" and create an account and fill out all the information for each individual participating.
- Please be sure to e-sign our waiver and policies form.
- If you are a returning parent, please call in to confirm your credit and membership extension.
- Note: each cycle has two makeup classes in the event of a mandatory quarantine.

#### **Community Center Programs**

- Swimming (private and group lessons)
- Certification Classes (CPR & Lifeguarding)
- Fitness classes (kickboxing, yoga, Zumba and more)
- Music
- Gymnastics
- Painting
- Mixed martial arts
- Alvin Ailey Dance (ballet and hip-hop)
- Capoeira
- ESL classes
- Soccer
- Gardening

#### **Location & Hours**

1501 Jerome Avenue (corner of 172nd Street) Bronx, NY 10452

- Monday Friday: 8 AM 9 PM
- Saturday: 8 AM 6 PM
- Sunday: 8 AM 5 PM

For more information about the Community Center, please visit newsettlementcommunitycenter.org or call 718.758.5901





# YouthBuild

New Settlement's YouthBuild Program is a U.S. Department of Labor-funded program that builds the employment skills of 85 youth, ages 16-24, annually by training and placing them in employment in the construction trade industry. Launched in the summer of 2017, our program builds from the national and international YouthBuild model, that originated in Harlem in 1978 to help young people from low-income communities find employment as carpenters, electricians, plumbers and construction workers.

In our program, participants receive on-site training rehabilitating apartments for lowincome New Yorkers by rehabilitating 16 units of affordable housing. These units now need substantial renovation in order to be preserved as viable, inhabitable affordable housing for low-and moderate-income families; to be made energy efficient; and to be fully accessible to people who are mobility impaired.

New Settlement YouthBuild training prepares participants for NCCER, OSHA, OSHA Construction 10, OSHA 30, BASI, BSI, Supported and Suspended Scaffold, Flagging Training, First Aid and CPR, as well as union apprenticeships.

The New Settlement YouthBuild High School Equivalency academic curriculum for participants offered in partnership with NYC Department of Education's District 79 Pathways to Graduation staff on-site in fully equipped classrooms at 1616 Walton Avenue in the Bronx. Our program model combines academic studies (50% of time), construction skills training (40% of time) and leadership/community service (10% of time).

# **Play Park & Tot Lot**

New Settlement operates two outdoor greenspaces in our community—the playground at PS 294/311 at 1425 Walton Avenue, and our Tot Lot/Park two blocks north. These spaces are used by an estimated 2,500 community members annually. They are surrounded by low-income housing populated largely by families with young children. New Settlement staff and volunteers open and maintain these park spaces-keeping them clean, maintaining Covid-19 health protocols, offering arts and game supplies, running ongoing community events, supervising SYEP youth, and keeping the parks safe.

New Settlement has a long history in these parks. New Settlement program parents advocated for these parks, helped design the playgrounds, and helped us raise funds. Two staff who run this program are neighborhood 'fixtures,' one having worked in the park for over 20 years. With our two parks, we seek to address equity—ensuring that all New Yorkers, regardless of their zip code, have access to park spaces. Our two parks are a green oasis, surrounded by leafy trees and gardens; a rare space to play and relax outdoors. We host regular activities and events in the parks —family movie nights, concerts and community events.





#### New Settlement Community Center

1501 Jerome Avenue Bronx, NY 10452

# CASA: Community Action for Safe Apartments

35 Marcy Place Bronx, NY 10452

# Parent Action

#### Committee

1512 Townsend Avenue Bronx, NY 10452

#### YouthBuild

1484 Inwood Avenue Bronx, NY 10452

#### Bronx

#### Helpers

1484 Inwood Avenue Bronx, NY 10452

#### Community Health Initiative

1512 Townsend Avenue Bronx, NY 10452

#### **Play Park**

1426 Townsend Avenue Bronx, NY 10452

#### **Tot Lot**

1510 Walton Avenue Bronx, NY 10452

#### College Access and Success Programs

1563 Walton Avenue Bronx, NY 10452

#### **Program for Girls and**

#### Young Women

1512 Townsend Avenue Bronx, NY 10452

#### Young Adult Opportunity Initiative (YAOI)

19 East Mt Eden Avenue Bronx, NY 10452

#### **College Access Center (CAC)**

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# Community Action for Safe Apartments (CASA)

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#### Young Adult Opportunity Initiative (YAOI)

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#### New Settlement Community Center

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# Leadership

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# **Get Involved**







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ERCA

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