

New Settlement Program for Girls & Young Women

Fall 2021 PROGRAM DESCRIPTIONS

Unless otherwise noted, programs meet at 1525 Townsend Ave. in one of our two basement program spaces and begin the week of September 27th, 2021.

Sadie Nash Leadership Project: Sisterhood Academy, grades 9th-12th (Mondays, 5-6:30pm) meets at 19 E. Mount Eden Ave, YAOI Office

Come participate in activity based workshops around identity, leadership, media, healthy relationships, wellness, youth activism and social justice. Using your own life experiences as a starting point, discuss important issues while building a community of support. Come join the sisterhood! **Stipend** (based on attendance) paid at the end of each semester. *September 2021-May 2022.*

G.O.A.L. (Girls Organize to Achieve Leadership), ages 14+; must be enrolled in HS.

Do right for yourself AND **earn a monthly stipend** with perfect or near-perfect attendance in the following program components (must participate in both to earn stipend):

Taking Care of BusinessSM, (Mondays, 6:30-8pm) meets at 19 E. Mount Eden Ave, YAOI Office

Take control of your relationships & future! This reproductive health program helps you set goals & protect yourself against STIs & unwanted pregnancies. Developed by Girls Inc. *Sept-Dec only; in spring 2020 this class is replaced with Living Safe and Strong, which provides self-defense training and conflict resolution skills.*

College Explorers, (2 Tuesdays per month, 6:30-8pm) meets at 19 E. Mount Eden Ave, YAOI Office or Remote

Considering your options? Learn more about how to prepare for college, apply and get financial aid. *October 2019-May 2020.* Juniors also have opportunity to visit schools and prep for SATs in more intensive spring semester with the College Access Center January-May 2022.

v.i.Be Theater Experience ages 13-19 years old (Tuesdays & Thursdays, 4:30pm--6:30pm)

Dramatic writing and performance project. Participants read and discuss poetry, literature and current events; write collaboratively and perform their own scenes, poems, and sometimes short films. *September 2021-May 2022.*

Build Her A Bridge, ages 11-YA (2 Tuesdays per month, 6:30-8pm)

Working on social-emotional learning, discussions on body image, self-esteem, bullying and more. September 2021-May 2022.

EDsnaps, grades 6-12 (2 Wednesdays per month, 5:30-7:30 pm) meets at NSCC at 1501 Jerome Ave or Remote

Become a STEAM leader while having fun in our 2021-2022 program "The STEAM City of Women - Building Our Backyard". Develop leadership skills, while planting bulbs in our community garden, count fruits in the snack bags and study weather patterns (to avoid suffering from a bad hair day), learn why keyboard keys are not arranged in alphabetical order and much more.

Girls EnCourage®, ages 12-18 (2 Wednesdays per month, 5:00-6:30 pm + trips)

Do you want to get out of the neighborhood? Explore new places? Try new physical activities and lifetime sports? Be a team player AND a leader? Adventure learning expeditions approximately once a month, typically Sundays. *October 2021-June 2022.*

Silence Out Loud, ages 12-YA **Starts Date TBD (2 Wednesdays per month, 6:30- 8pm)** Led by performance Poet Roya Marsh, these workshops are a truth telling experience through the media of spoken word encompassing life, love, self, justice, and the power of happiness and self-actualization. *November 2019-January 2020. Spring workshop series planned also, dates TBD.*

Next Level Dancers

Junior Company, ages 10-14 (Thursdays, 6-8:30pm) Meets at NSCC at 1501 Jerome Ave ****Starts Date TBD****

Senior Company ages 14+ (Saturdays, 12-4pm) meets at 1514 Townsend Ave, Community Room 1 ****Starts Date TBD**** .

Come join the Next Level Dancers and learn, create and perform some fierce choreography! Primary dance styles include Hip-Hop and Contemporary. *September 2021- June 2022.*

For more information, contact Program Coordinator Tasheema Lucas at (929) 502-5980 or 718- 466-1342 x 101 or t.lucas@newsettlement.org

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