

**New Settlement G.O.A.L. Program**  
**(Girls Organized to Achieve Leadership)**  
**Spring 2020 Participant Agreement**

I, (print name) \_\_\_\_\_, hereby agree to comply with all guidelines and expectations as set forth below for participants in the G.O.A.L. Program at New Settlement.

1. I will attend program **every Monday night 6:30-8pm from January 27<sup>th</sup> – May 11<sup>th</sup>, 2020; plus 2 Tuesdays per month from January 28<sup>th</sup> - May 12<sup>th</sup>, 2020** for the following classes and college workshops:
  - ✓ ***Living Safe and Strong<sup>SM</sup>***, a girls-only self-defense, anti-violence program. This program meets in Community Room 1 at 1514 Townsend Avenue. Special workshops, presentations and/or trips may be scheduled with Montefiore’s Adolescent AIDS Program and/or Umbrella Program, and the Mayor’s Office to Combat Domestic Violence.
  - ✓ **College Explorers Workshops** 2 Tuesdays per month, beginning January 28<sup>th</sup>. These workshops will meet in our main basement program space, at 1525 Townsend Avenue.
3. I will arrive promptly for all workshops, trips and sessions and be prepared to actively participate in activities and discussions. I understand that if I am more than 15 minutes late for a workshop, I might not be able to participate; also, that a lack of participation may result in a loss of stipend.
4. I will uphold the group agreements for all related programs, workshops and trips.
5. I will show respect for program staff and other participants at all times, including (but not limited to) accepting differences of opinion, background, personality, style, gender expression and identification and/or sexual orientation.
6. I agree to involve staff should any dispute arise between myself and another participant that I have difficulty resolving.
7. I understand that violence against another participant will not be tolerated under any circumstances, and will jeopardize my enrollment.
8. I understand that arriving to program under the influence of drugs or alcohol will be considered disrespectful to both staff and other participants and will both jeopardize my enrollment and result in a loss of stipend.

**BENEFITS:**

For my regular attendance and participation in the programs, workshops, and/or trips outlined above, and adherence to program agreements, I will be able to:

1. Receive accurate and up-to-date information about the college admissions process.
2. Receive accurate and up-to-date information about sexual and reproductive health (including birth control methods), and healthy relationship training.
3. Request referrals for affordable reproductive health services.

4. Request a one-to-one meeting with any program staff or director, to be arranged at the earliest opportunity, to discuss my goals or challenges at school or within the Program for Girls & Young Women.
5. Schedule one-to-one college counseling sessions with educational advisors at the College Access Center as needed.
6. Request a letter of recommendation from program director or staff for academic or employment opportunities (such as college applications, scholarship competitions, internships or jobs).
7. Share any suggestions I might have about the structure and content of the program with program staff and directors.
8. Space permitting, the College Access Center will extend an invitation to Juniors, then seniors, then (possibly) sophomores for their college visits during mid-winter and spring recess. First priority will go to students enrolled in the CAC College Explorers program for Juniors (meeting Tues & Thurs), then students in our regular GOAL program if there are seats left. The college trips are co-ed.
9. For every cycle of 5 scheduled commitments (including Monday night classes and College workshops)
  - ✓ I will receive a **stipend of \$50 for perfect attendance**, or
  - ✓ If I have attended **at least 3 of the 5 commitments**, I will receive a **stipend of \$25**.
  - ✓ Stipends will be paid at the Monday night session AFTER each cycle of 5 commitments has been completed.

I accept that my enrollment in the G.O.A.L. Program is based on my ability to maintain all of these commitments, and that the monthly stipend can be canceled at the discretion of the program directors due to: excessive and/or repeated lateness, excessive absences, lack of participation, missing too many of any one component of the program or demonstrated inability to uphold program agreements. I understand that any session or workshop during which I violate program agreements will not count towards my monthly stipend and will jeopardize my enrollment.

Participant Signature \_\_\_\_\_ date \_\_\_\_\_

Parent Signature \_\_\_\_\_ date \_\_\_\_\_

Program for Girls & Young Women Director \_\_\_\_\_ date \_\_\_\_\_

The G.O.A.L. Program is a collaboration between New Settlement's Program for Girls & Young Women and College Access Center. The program also incorporates curriculum developed by Girls Incorporated<sup>®</sup>, and partners with Morris Heights Health Center, NYC Teens Connection and Montefiore's Adolescent AIDS Program and others to provide resources, referrals, special presentations and workshops.