

New Settlement's
Program for Girls & Young Women
Offers FREE arts & leadership development programs.



Fall & Spring After-school Programs include:

- Project VIP (grades 6-12) *Playwriting & performance,*
- *G.O.A.L. (grades 9-12) *Health, Relationship Skills, and Self-defense training + college prep.;*
- *Sadie Nash Leadership Project (grades 9-12) *Community building & youth activism;*
- EDsnaps (grades 6-12) *STEM-focused hands-on activities connecting science, math & art*
- Silence Out Loud (ages 12-YA) *performance poetry & photography workshop ;*
- Girls Encourage (ages 11-18) *Adventure learning*
- Next Level Dance, (ages 10-YA) *Lyrical Hip Hop with a message ...*

PLUS Spring Break Arts Intensive and more!!

**Participants in these programs earn a stipend*



Fall Enrollment Starts in September

ORIENTATION Monday, September 16th

6:30-7:30pm

1514 Townsend Avenue, Bronx, NY 10452

(Between 172nd & Mt. Eden Ave.)

Contact Joy **718.716.8000 x119**

Email: j.leonard@newsettlement.org

www.newsettlement.org/girls

www.facebook.com/NSAGirlsProgram

La información del programa y el paquete de inscripción también están disponibles en español en www.newsettlement.org/girls/forms-and-downloads



New Settlement Program for Girls & Young Women Fall 2019 PROGRAM DESCRIPTIONS

Unless otherwise noted, programs meet at 1525 Townsend Ave. in one of our two basement program spaces and begin the week of September 23rd, 2019.

Project VIP (Voice, Identity, Power), grades 6th-12th (Mondays & Wednesdays, 5-6:15pm)

Dramatic writing and performance project. Participants read and discuss poetry, literature and current events; write collaboratively and perform their own scenes, poems, and sometimes short films. *Fall, spring & summer semesters.*

G.O.A.L. (Girls Organize to Achieve Leadership), ages 14+; must be enrolled in HS.

Do right for yourself AND **earn a monthly stipend** with perfect or near-perfect attendance in the following program components (must participate in both to earn stipend):

Taking Care of BusinessSM, (Mondays, 6:30-8pm) meets at 1514 Townsend Ave, Community Room 1

Take control of your relationships & future! This reproductive health program helps you set goals & protect yourself against STIs & unwanted pregnancies. Developed by Girls Inc. *Sept-Dec only; in spring 2020 this class is replaced with Living Safe and Strong, which provides self-defense training and conflict resolution skills.*

College Explorers, (2 Tuesdays per month, 6:30-8pm)

Considering your options? Learn more about how to prepare for college, apply and get financial aid. *October 2019-May 2020.* Juniors also have opportunity to visit schools and prep for SATs in more intensive spring semester with the College Access Center January-May 2020.

Sadie Nash Leadership Project: Sisterhood Academy, grades 9th-12th (Tuesdays, 5-6:30pm)

Come participate in activity based workshops around identity, leadership, media, healthy relationships, wellness, youth activism and social justice. Using your own life experiences as a starting point, discuss important issues while building a community of support. Come join the sisterhood! **Stipend** (based on attendance) paid at the end of each semester. *September 2019-May 2020.*

EDsnaps, grades 6-12 (2 Wednesdays per month, 6-7:30pm + trips)

STEM-oriented curriculum with hands-on activities that let girls personally experience "snapshots" of life-changing career possibilities in STEM fields.—including fashion, videography, photography, finance, chemistry, architecture and more. Less talk, more do! *September 2019– May 2020.*

Girls EnCourage[®], ages 12-18 (2 Thursdays per month, 5-6pm + trips)

Do you want to get out of the neighborhood? Explore new places? Try new physical activities and lifetime sports? Be a team player AND a leader? Adventure learning expeditions approximately once a month, typically Sundays. *October 2019-June 2020.*

Silence Out Loud ages 12-YA ****Starts November 14** (Thursdays, 6-7:30pm)** Led by performance Poet Roya Marsh & Photographer Maria Estevez, these workshops are a truth telling experience through the media of spoken word and photography, encompassing life, love, self, justice, and the power of happiness and self-actualization. *November 2019-January 2020. Spring workshop series planned also, dates TBD.*

Next Level Dancers meets at 1514 Townsend Ave, Community Room 1

Junior Company, ages 10-14 (Thursdays, 6-8:30pm) Starts September 19th.

Senior Company ages 14+ (Saturdays, 12-4pm) Starts September 21st.

Come join the Next Level Dancers and learn, create and perform some fierce choreography! Primary dance styles include Hip-Hop and Contemporary. *September 2019– June 2020.*

For more information, contact Director Joy Leonard at (718) 716-8000 x119 or j.leonard@newsettlement.org

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