This summer we will partner with two other non-profit organizations to bring Arts, Leadership and STEAM opportunities to the girls and young women we serve.

**Shake It Out ‘This Is Me’ Theater & Leadership Program** includes theatre games, movement, monologue & poetry writing, storytelling, yoga, basic costume & set design and workshops with guest artists. Each week culminates with an intimate performance of the work created.

*RETREAT week will take a smaller group of older students to SUNY New Paltz to stay & eat meals on campus, while participating in theater & leadership activities and additional recreational activities, like nature walks and a barbecue. Additional information and consent forms will be provided to young women accepted for retreat week. **Applicants for Week 2 must complete the RETREAT application page.** Applicants for the Retreat week must participate in Week 1 as well, to get to know staff and each other. Week 2 provides an opportunity to deepen the work from Week 1. Any exceptions to this requirement require special approval.

**EDSnaps Summer Workshop Studio Program** provides hands on experience in Science, Technology, Engineering, Art & Math, all through engaging activities and trips. EDSnaps aims to diversify the STEM workforce and inspire and empower female-identifying students to become exceptional global STEM community leaders through exposure to real-world snapshots of life-changing STEM career possibilities. Each week has a different theme and activities, and both include fun trips and take-home projects.

Please check the program weeks(s) you wish to enroll your child in. She may apply for one, two, three or all four weeks, age and space permitting – but please note that age range and maximum enrollment varies by week/program, as specified below.

______ Week 1 – Shake It Out July 15-19 9am-4pm; ages 11-18 (24 spots)
______ Week 2 Shake It Out RETREAT* – July 22-16 ages 13-18 (12 spots)
______ Week 3 EDSnaps: Water Flows– July 29-August 2, 9am-3pm** rising 6th-10th graders (24 spots)
______ Week 4 EDSnaps: Lithium Shines– August 5-9, 9am-3pm** rising 6th-10th graders (24 spots)

**late pick up available as needed, with recreational activities and supervision until 4pm.

**Location:** All sessions and any trips begin and end at our basement program space, at 1525 Townsend Avenue. The group will walk or travel as a group by train to offsite locations, including New Settlement Community Center, Claremont Park, the New Victory Theater, and many more!* It is very important that participants arrive on time, because the morning group will often be departing by 9:15am for other locations.

*Shake It Out Week 2 Retreat to SUNY New Paltz includes travel from our Bronx site to and from the SUNY New Paltz campus, plus lodging and meals while away. See application page for more details.
MEALS: If your child does NOT have your permission to leave the supervised program space alone on lunch breaks (to go somewhere nearby to purchase lunch), she MUST bring lunch OR be able and willing to eat the lunch provided by School Food at the Walton Avenue School Campus site. One staff member will accompany students who wish to go to the Walton Ave. school to eat, during our lunch breaks when we are on site. Our program staff cannot accompany participants to the store or to get lunch anywhere else.

When we have scheduled trips that include lunch-time, your child must either bring a packed lunch or be able and willing to eat the packed “trip” lunch provided by School Food (generally a sandwich and side of fruit or veggies, plus drink. This can be vegetarian or peanut free, if specified in advance).

For Shake It Out Week 2 RETREAT, all meals will be provided while the group is on retreat (Tuesday morning - Friday afternoon, primarily at the SUNY New Paltz campus dining hall, with some exceptions (for picnics or barbecue). Any dietary restrictions must be communicated BEFORE JULY 1.

Please mark one of the following, to indicate how you plan to handle lunch:

_____ My child may leave at lunch time to purchase lunch on her own. (We cannot be responsible for her timely return to program, nor can we take her out to buy lunch.)

_____ My child will bring her own lunch daily. (Our program space has a refrigerator and microwave.)

_____ My child will eat the School Food lunch offered at the Walton Avenue site, or the packed “trip” lunch. Small snacks will be provided twice a day.

Please ensure that your child eats a good breakfast! School food provides free breakfast and lunch for all school age children at their summer feeding sites. The Walton Avenue School Campus site (which we will use for lunch as needed) is located at 1425 Walton Ave. Breakfast is served there from 8-9:15am Mon-Fri.

DROP OFF/PICK-UP

Please let us know if your daughter can travel to and from program on her own, or whether she will always be dropped off and picked up by an older family member or adult.

_____ My child has permission to walk to and from program by herself.

_____ My child may NOT leave the program without an adult/family member.

Participant’s Name (print): ________________________________

Parent/guardian’s name (print): ________________________________

Parent/guardian’s signature: __________________________________
The Program for Girls & Young Women at New Settlement offers a FREE Summer Arts & Leadership Program

IN PARTNERSHIP WITH SHAKE IT OUT, INC.
UNDER THE DIRECTION OF NOREEN YARWOOD

WEEK 1: (AGES 11-18) JULY 15-19TH | 9-4PM
PERFORMING ARTS WORKSHOP WEEK @ NEW SETTLEMENT
1525 TOWNSEND AVE. BRONX 10452.

WEEK 2: (AGES 13-18) JULY 22-26TH PERFORMING ARTS RETREAT WEEK AT SUNY NEW PALTZ
BEGIN & ENDS @ NEW SETTLEMENT, THREE-NIGHT RETREAT TO SUNY NEW PALTZ.

WEEKLY SCHEDULE COMBINES THE FOLLOWING ARTS, WRITING, MOVEMENT AND CREATIVE SELF EXPLORATION

MOVEMENT
MONOLOGUE/POETRY WRITING
CREATIVE GROUP STORY TELLING
YOGA/MEDITATION
BASIC COSTUME/SET DESIGN

GUEST ARTISTS WITH WORKSHOPS FOCUSING ON
SELF-ESTEEM

FOR MORE INFORMATION OR TO ENROLL CONTACT:
JOY LEONARD DIRECTOR, PROGRAM FOR GIRLS & YOUNG WOMEN NEW SETTLEMENT APARTMENTS
J.LEONARD@NEWSETTLEMENT.ORG | 718.716.8000 X 119
EDsnaps 2019 **FREE** Summer Workshop Studio Program

**in partnership with**

New Settlement’s Program for Girls and Young Women

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**Workshop A: “Water Flows”**
July 29 – August 2

**Workshop B: “Lithium Shines”**
August 5 – August 9

**Location:** New Settlement
1525 Townsend Avenue, Bronx, NY 10452
(Between 172nd & Mt. Eden Ave.)

**24 spots** available

**Monday - Friday,** 9.00 am – 3.00 pm

For **female-identifying students**
Age 11-15 / Grades rising 6- rising 10

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Show off your “water-work” & “battery-electric “art

Try to catch a sound wave while drumming the conga

Explore why water is wet and the sun is white or yellow

Model how many toothpicks it takes to get to the pie/pi

And discover that Science Technology Engineering

**STEM with Arts** is a lot of fun

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**Hands-on activities**
**&**
**Lots of exciting fieldtrips**

---

**TO FILL OUT the APPLICATION go:**

Online:  [https://bit.ly/2EZdg3y](https://bit.ly/2EZdg3y)

Email:  j.leonard@newsettlement.org

Call:  Joy Leonard  (718) 716-8000  x119
New Settlement  
PROGRAM FOR GIRLS & YOUNG WOMEN  
2019-2020 Registration Form

**Personal Information** (please fill in ALL spaces)

Participant first name: ________________________  
Last name: _________________________  
Parent/Guardian name : __________________________________________________________  
Address: _____________________________________________  Apt. # ___________________  
City: _____________________________ State: _____________ Zip Code: _________________  
Home phone: (     ) _______________   Parent/Guardian Daytime phone: (     ) _______________  
Participant cell phone: (     ) _______________   Parent/Guardian cell phone: (     ) _______________  
Participant Email Address: ___________________________________________  
Date of Birth: ______/______/______    Age: ___________  
School (fall 2019): ___________________________________________  Grade: _________________

If accepted, I agree to uphold the following requirements of New Settlement Apartments’ Girls’ Program:  
1. Abide by all rules and regulations of the program.  
2. Respect self, other participants and staff at all times.  
3. Make a commitment to only miss program days when it is unavoidable.  

Participant Signature: ____________________________________________    Date: _____________

Parent/Guardian Signature: __________________________________________   Date: _____________

This is a violence and drug free program
EMERGENCY MEDICAL CARE
(To be completed by the parent or guardian)

Participant’s Name: ___________________________ Date of Birth: ___________________________

1. If my child requires emergency medical care and I cannot be reached, I give my consent to the above
after-school program to obtain the necessary medical care for my child. I agree to pay all of the costs
associated with the emergency medical care that my child receives. I understand that every effort
will be made to contact me before and after medical care is provided.

2. Following emergency medical care, my child may be released to the following people:

   Name: ___________________________ Relationship to Student: ___________________________
   Address: ___________________________ Employer: ___________________________
   Home Phone: ___________________________ Work Phone: ___________________________

   Name: ___________________________ Relationship to Student: ___________________________
   Address: ___________________________ Employer: ___________________________
   Home Phone: ___________________________ Work Phone: ___________________________

   Name: ___________________________ Relationship to Student: ___________________________
   Address: ___________________________ Employer: ___________________________
   Home Phone: ___________________________ Work Phone: ___________________________

3. Health/Insurance Information:

   Participant’s Doctor: ___________________________ Insurance Company: ___________________________
   Phone: ___________________________ Policy Holder’s ID: ___________________________
   Allergies: ___________________________ Religious Preference: (optional) ___________________________
   Last Tetanus: ___________________________ Medication(s) being taken: ___________________________
   Address (student’s doctor): ___________________________

   Additional Comments: ___________________________

4. I understand that this consent will be in effect as of the date of my signing this form and will continue
as long as my child is enrolled in this youth program.

   Parent/Guardian Signature ___________________________ Date ___________________________
Permission to Use Photograph

I give my permission to New Settlement Program for Girls & Young Women, EDSnaps, Inc. and Shake It Out to use my (or my child’s, if participant is under 18) photograph in all forms and media, such as brochures, newsletters, news articles, and online, for the purpose of promoting the work of these non-profit organizations, and fund-raising for future programs.

I have read this release and am fully familiar with its contents.

Name of Participant __________________________  Signature & Date __________________________

Name of Parent/Guardian __________________________  Signature & Date __________________________

Address ________________________________________

______________________________________________

______________________________________________
“This Is Me” Participant Application (ages 13-18)
WEEK 2 RETREAT to SUNY New Paltz

Name_________________________________________
Age_____________   Grade ___________
School you will attend (Fall 2019)__________________________________
BEST way to reach you? _________________________________________
Phone number(s) ______________________________________________
Email: _______________________________________________________

Have you previously been enrolled in New Settlement’s Program for Girls & YW?  (Please circle)     Yes     No
If yes what year(s)? _____________________________________________

What art forms are you interested in? Circle all that apply.
Theater      Poetry/Spoken Word      Singing      Music Production/Garage Band      Dance/Movement        Design

Please answer each of the following with 1-3 sentences as needed (feel free to attach an additional page).

1. Why do you want to attend this theater retreat?  ______________________________________________
_________________________________________________________________________________________
_________________________________________________________________________________________

2. Why is it important for the voices and stories of young women to be heard? _______________________
_________________________________________________________________________________________
_________________________________________________________________________________________

3. What is one thing about yourself that you feel is really amazing? What is something that you feel is a
   challenge for you right now that you would like to work on?____________________________________
_________________________________________________________________________________________
_________________________________________________________________________________________

This Summer Arts & Leadership Program, offered in partnership with New Settlement’s Program for Girls & Young
Women, will meet Monday, July 22nd 9am-4pm at our Bronx site, then we travel for a three night retreat,
Tuesday, July 23rd through Friday, July 26th, at SUNY New Paltz. Lunch will not be provided Monday except
through Summer Meals, so participants unwilling to eat school food should pack a lunch. All meals on retreat will
be provided. Transportation and accommodation (dorm rooms on all-female floor, with staff supervision) are
provided for the retreat. Bronx meeting location is 1525 Townsend Avenue, 10452, between 172nd St and Mt.
Eden Ave, Girls’ Program space (basement). Friday will end with an intimate performance in the Bronx
space. Additional permission forms required for retreat and additional details provided, for all confirmed participants.
El Programa de arte y liderazgo de verano, ofrecido en alianza con el Programa de chicas y mujeres jóvenes de New Settlement se reunirá el lunes, 22 de julio de 9am a 4pm en nuestra ubicación del Bronx, luego nos desplazaremos a SUNY New Paltz para un retiro de 3 noches, el martes, 23 de julio al viernes, 26 de julio. No se ofrecerá almuerzo el lunes a excepción de aquellos proporcionados por Summer Meals (Comidas de verano), así que las participantes que no estén dispuestas a comer alimentos escolares deben traer su almuerzo. Todas las comidas serán proporcionadas durante el retiro. Proporcionaremos transporte y alojamiento (dormitorios universitarios en un piso exclusivamente para mujeres con supervisión del personal y cuerpo universitario de seguridad las 24 horas) para el retiro. El punto de encuentro en el Bronx es el 1525 Townsend Ave., entre 172 St y Mt. Eden Ave, en el espacio del Programa de chicas (sótano). El viernes concluirá con una presentación íntima en el espacio del Bronx. Se requieren formularios de permiso adicionales y se proporcionarán más detalles para todas las participantes confirmadas para el retiro.
