# New Settlement Program for Girls & Young Women

# Fall 2018 PROGRAM DESCRIPTIONS

Unless otherwise noted, programs meet at <u>1525 Townsend Ave.</u> in one of our two basement program spaces and begin the week of September 24th, 2018.

# Project VIP (Voice, Identity, Power), grades 6th-12th (Mondays, 4:30-6pm)

Dramatic writing and performance project. Participants read and discuss poetry, literature and current events; write collaboratively and perform their own scenes, poems, and sometimes short films. *Fall, spring & summer semesters*.

### G.O.A.L. (Girls Organize to Achieve Leadership), ages 14+; must be enrolled in HS.

Do right for yourself AND earn a monthly stipend with perfect or near-perfect attendance in the following program components (must participate in both to earn stipend):

Taking Care of Business<sup>SM</sup>, (Mondays, 6:30-8pm) meets at 1514 Townsend Ave, Community Room 1
Take control of your relationships & future! This reproductive health program helps you set goals & protect yourself against STIs & unwanted pregnancies. Developed by Girls Inc. Sept-Dec only; in spring this program is replaced with Futures & Options, which helps participants manage money, develop resumes & interview skills.

#### College Explorers, (Tuesdays, 6:30-8pm)

Considering your options? Learn more about how to prepare for college, apply and get financial aid. Juniors also visit schools and prep for SATs in spring semester. Meets at 1514 Townsend Ave, Community Rooms. October 2018-May 2019

# Girl Talk, grades 6th-8th (Tuesdays, 5-6:30pm)

Increases self-worth, communication skills, awareness of human rights and issues impacting girls & women—helping girls to make healthy, informed decisions. *September 2018—May 2019*.

# Sadie Nash Leadership Project: Sisterhood Academy, grades 9th-12th (Tuesdays, 5-6:30pm)

Come participate in activity based workshops around identity, leadership, media, healthy relationships, wellness, youth activism and social justice. Using your own life experiences as a starting point, discuss important issues while building a community of support. Come join the sisterhood! **Stipend** (based on attendance) paid at the end of each semester. *September – December 2018*.

#### EDsnaps, grades 6-12 (Wednesdays 5:30-6:45pm\*)

STEM-oriented curriculum with hands-on activities that let girls personally experience "snapshots" of life-changing career possibilities in STEM fields.—including fashion, videography, photography, finance, chemistry, architecture and more. Less talk, more do! \*Participants in HS may stay until 7:15pm for in-depth, grade appropriate follow up conversations about the day's experiment and related topics. *September 2018– May 2019*.

<u>Silence Out Loud</u> ages 14-YA \*\*Starts November 8 \*\* (Thursdays, 5-6:30pm) Led by performance poet Roya Marsh, these workshops are a truth telling experience through the art of spoken word, encompassing life, love, self, justice, and the power of happiness and self-actualization experienced through writing and performing. *November 2018-January 2019*.

#### **Next Level Dancers**

Junior Company, ages 10-14 (Thursdays, 6:30-8:30pm) meets at 1514 Townsend Ave, Community Room 1
Senior Company ages 14+ (Saturdays, 12:30-3:30pm) New Settlement Community Center, 1501 Jerome Ave.
Come join the Next Level Dancers and learn, create and perform some fierce choreography! Primary dance styles include Hip-Hop and Contemporary. September 2018– June 2019.

For more information, contact Director Joy Leonard at (718) 716-8000 x119 or j.leonard@newsettlement.org www.newsettlement.org/girls

www.facebook.com/NSAGirlsProgram