

New Settlement's

Program for Girls & Young Women

Offers FREE arts & leadership development programs.



Fall & Spring After-school Programs include:

Project VIP (grades 6-12) *Playwriting & performance,*

*G.O.A.L. (grades 9-12) *Health, Relationship Skills, and Self-defense training + college prep.;*

*Sadie Nash Leadership Project (grades 9-12) *Community building & youth activism;*

Girl Talk (grades 6-8) *Health & leadership;*

Poetry & Peer Discussion (*ages 14-YA*);

Girls Encourage (*ages 12-18*) *Adventure learning,*

Next Level Dance, (*ages 10-YA*) *Lyrical Hip Hop with a message ...*

*PLUS Spring Break Arts Intensive, Summer Academy, *Peer Education, and more!!*

**Participants in these programs earn a stipend*



Fall Enrollment Starts in September

ORIENTATION September 18th, 6:30-7:30pm

1514 Townsend Avenue, Bronx, NY 10452

(Between 172nd & Mt. Eden Ave.)

Call or email today to find out more about these
FREE programs!

Contact Joy **718.716.8000 x119** Tasheema **x233**
Email: **j.leonard@newsettlement.org**

www.facebook.com/NSAGirlsProgram



New Settlement Program for Girls & Young Women

Fall 2017 PROGRAM DESCRIPTIONS

Unless otherwise noted, programs meet at 1525 Townsend Ave. in one of our two basement program spaces

Project VIP (Voice, Identity, Power), grades 6th-12th (Mondays AND Wednesdays, 4:30-6pm)

Dramatic writing and performance project. Participants read and discuss poetry, literature and current events; write collaboratively and perform their own scenes, poems, and sometimes short films. *Fall, spring & summer semesters.*

G.O.A.L. (Girls Organize to Achieve Leadership), ages 14+; must be enrolled in HS.

Do right for yourself AND **earn a monthly stipend** with perfect or near-perfect attendance in the following program components (must participate in both to earn stipend):

Taking Care of BusinessSM, (every **Monday, 6:30-8pm**) meets at 1514 Townsend Ave, Community Room 1
Take control of your relationships & future! This reproductive health program helps you set personal goals & protect yourself against STIs & unwanted pregnancies. Developed by Girls Inc. *Sept-Dec only; in spring this program is replaced with Living Safe & Strong, which provides self-defense training and conflict resolution skills.*

College Explorers, (2 Tuesdays per month **6:30-8pm**)

Considering your options? Learn more about how to prepare for college, apply and get financial aid. Juniors also visit schools and prep for SATs in spring semester. Meets at 1514 Townsend Ave, Community Rooms.
October 2017-May 2018

Girl Talk, grades 6th-8th (Tuesdays, 5-6:30pm)

Building a healthy body, mind and soul! Increases self-esteem, communication skills and community engagement (through service opportunities), helping girls to make healthy, informed decisions. *September 2017—May 2018.*

Sadie Nash Leadership Project: Sisterhood Academy, grades 9th-12th (Tuesday, 5-6:30pm)

Come participate in activity based workshops around identity, leadership, media, healthy relationships, wellness, youth activism and social justice. Using your own life experiences as a starting point, discuss important issues while building a community of support. Come join the sisterhood! **Stipend** (based on attendance) paid at the end of each semester. *September – December 2017.*

G.R.O.W.N. (Girls Reach Out & Write Naturally), ages 14-YA (Wednesdays, 6:30-8pm)

Find your own voice and hone your skills on the page; experiment with **free-writing, poetry & prose**. *This program will be supplemented with poetry workshops led by published female poets and MCs!*

Next Level Dancers

Junior Company, ages 10-14 (Thursdays, 6:30-8:30pm) meets at 1514 Townsend Ave, Community Room 1

Senior Company ages 14+ (Saturdays, 12:30-3:30pm) New Settlement Community Center, 1501 Jerome Ave.

Come join the Next Level Dancers and learn, create and perform some fierce choreography! Primary dance styles include Hip-Hop and Contemporary. *September 2017– June 2018.*

For more information, contact Director Joy Leonard at (718) 716-8000 x119 or j.leonard@newsettlement.org

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